



You Have an Allied PPO Health Plan

Your Preferred Provider Organization (PPO) plan allows you to visit any in-network physician or health care provider without needing a referral from a primary care physician.

As a member of a PPO plan, you're encouraged to use your network of preferred doctors and facilities. No matter which health care provider you choose, in-network health care services will be covered at a higher benefit level than out-of-network services.

It's important to check if your provider accepts your health plan so you receive the highest level of benefit coverage. If you're unsure of your PPO network choices, the information can be found on your group health benefit ID card. Once you know the name of your PPO network options, **visit www.alliednational.com and click on Find A Provider to reach your network's website.**

As always, you're free to see a provider who is not in-network, but your benefits will be reduced. There is a phone number on your ID card you can call to find a preferred provider if you are out of town or there's an emergency.

We appreciate the opportunity to provide you with valuable health benefit coverage. If you have any questions about your benefits, please call Allied Client Services at 800-825-7531 or email clientservices@alliednational.com.

See your Summary Plan Description for complete details.

Allied National • 4551 W. 107th St. Suite #100 • Overland Park, KS 66207 • 800-825-7531 • clientservices@alliednational.com

member.alliednational.com



Special features of your Allied PPO Plan:

- Coverage is available for spouses and dependent children up to age 26.

Benefits include:

- Log on to **Allied Member Connection** at member.alliednational.com and learn about your health plan and your benefits and have opportunities to receive wellness and health coaching tips. Plus, earn **cash rewards** just for registering and learning how to use Member Connection.
- Telehealth, the ability to speak to general practitioners or specialists for your family's health needs any time of the day, is quickly growing in popularity. Learn how you can use your **MeMD** service to improve your and your family's care.
- **Allied HealthCare Assistant** is an umbrella of health care services available to Allied National members and their families. These services ensure that our members have the absolute best access to the best health care in the country while saving members money.



Take advantage of all of these benefits by logging onto member.alliednational.com.

