

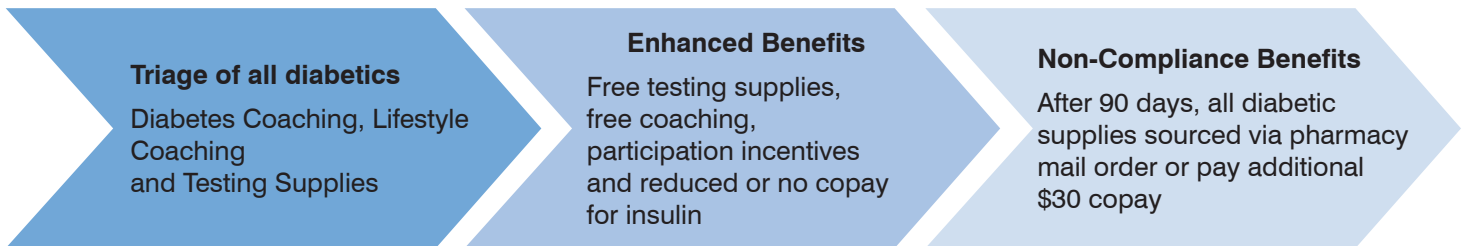


The HealthChoices benefit option provides members with an immediate premium discount and requires all members to use the services shown. Benefits and care are greatly enhanced for members who use these services, but, for those who don't, benefits may be treated as out-of-network and reduced. **HealthChoices is here to help our members get the right diagnosis, the right treatment plan and the right provider for an optimal medical outcome.**

The chart below shows the additional benefits and potential benefit reductions for non-compliance for those covered under the HealthChoices option. HealthChoices members should call an Allied HealthCare Assistant at 844-287-6078 for assistance for any medical care needs.

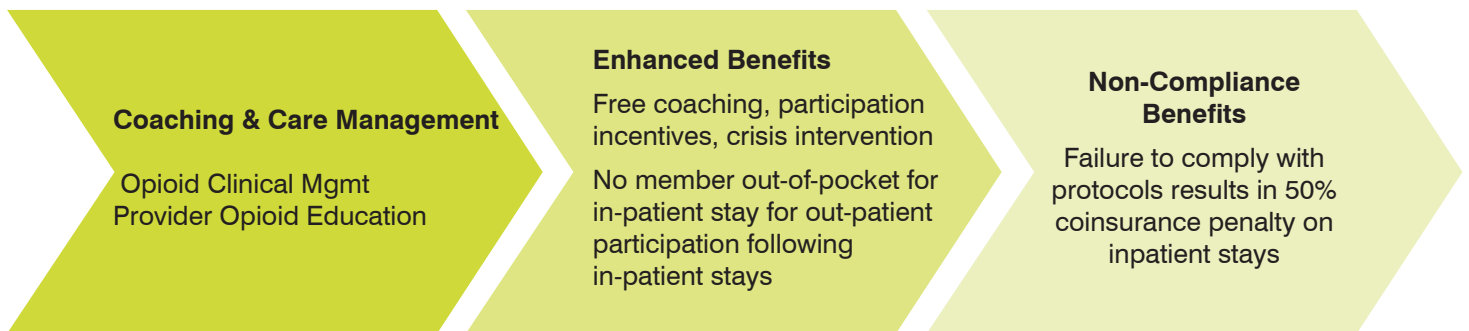
## LIFESTYLE

### Diabetes, Weight, High Blood Pressure



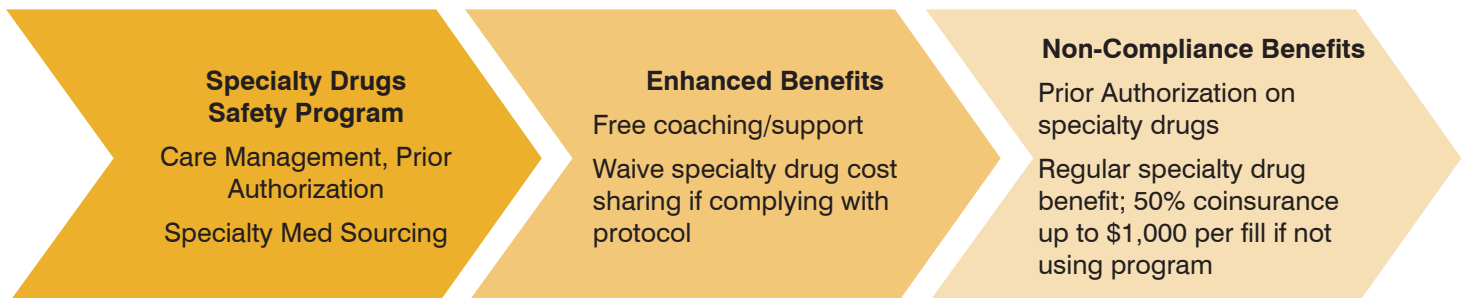
## BEHAVIORAL HEALTH

### Anxiety, Depression, Substance Abuse



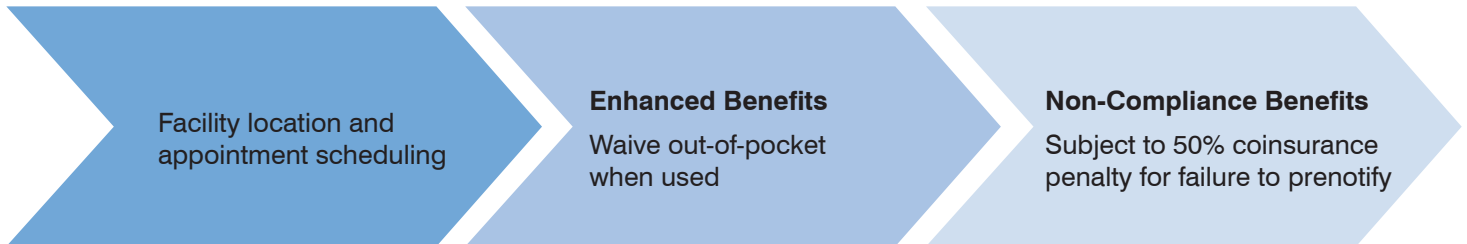
## PHARMACY

### Specialty, Retail and Provider Delivered High-Cost Drugs

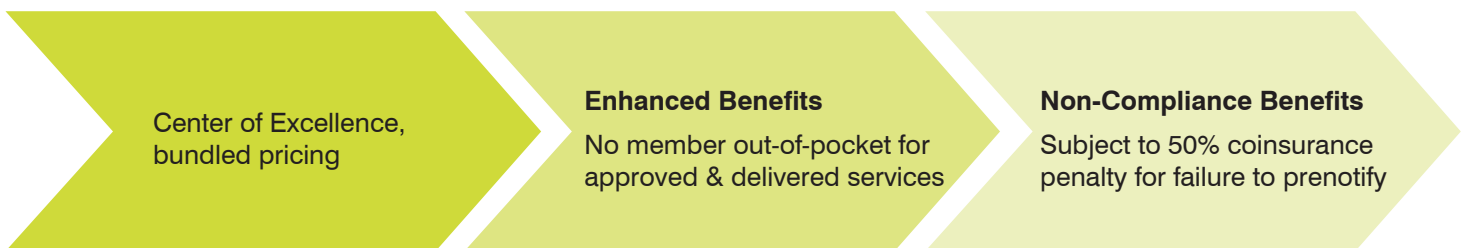


# HealthChoices

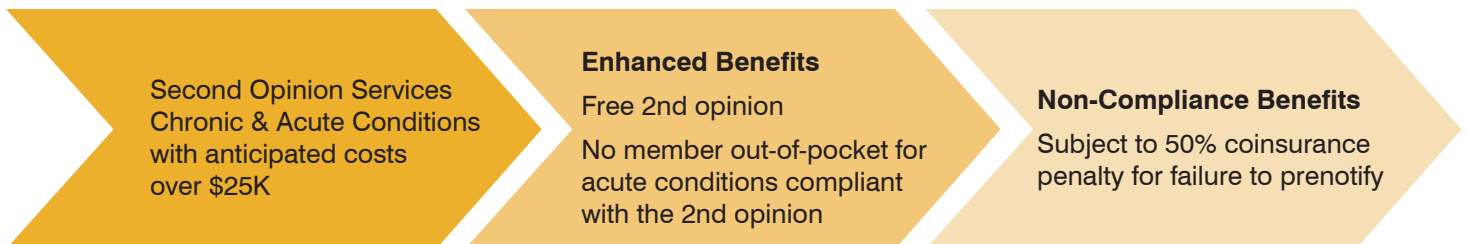
## COMPLEX IMAGING MRI, CT, PET



## CENTER OF EXCELLENCE \*List of conditions



## SECOND OPINIONS



### \* Centers of Excellence/List of Conditions

HealthChoices prenotification required for all procedures over \$10,000 and includes, but is not limited to:

- Joint replacements or surgeries (knee, hip, shoulder, etc.)
- Spinal surgeries or procedures (laminectomy, spinal fusions, foraminotomy, discectomy, disk replacement, implants)
- Cardiac interventions (angioplasty, stents, pacemakers) or surgeries (bypass, valve replacement)
- Other surgeries, gall bladder, digestive system
- Complex imaging, like MRIs and CT Scans

The following do not require prenotification but members may benefit from a reduced out-of-pocket by calling us and using a Center of Excellence:

- Diagnostic tests, such as upper GI endoscopies, colonoscopies, mammograms, ultrasounds, radiology, x-rays
- Physical therapy

**For members with HSA-qualified plans, any benefit increases will be subject to applicable HSA deductible minimums.**

**You must prenotify us by calling 866-317-5273 (option 3) anytime your physician recommends a procedure.**

