



Helping you get the most from your benefit plan

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Employer Benefit Adviser

June 2021

Self-Service
Site

COVID-19
Info

Employer Resources



What to Know This Month

Here's a sneak peak of all the articles in this month's issue of *Employer Benefit Adviser*.

1. Dental and vision coverage can improve employees' health.
2. Need guidance? Allied HealthCare Assistant can help.
3. 5500 & PCORI Forms due in July.
4. Allied has a new video series: Quick Tip of the Month!
5. Check out our newest blogs.

Expand Your Benefits Package



Major medical group health plans are more robust and of more value to an employee when dental or vision benefits are added. Not only can it improve your employees' health, it can help you retain and attract valued employees.

The Fifth Annual Guardian Workplace Benefits Study – [**Dental Benefits: A Bridge to Oral Health and Wellness**](#) indicated that regular dental exams can aid in the early detection of potentially serious medical conditions. For instance, gum disease can be an indicator of cardiovascular risk.

Allied National's Dental Design plan provides 100% preventive care benefits with no deductible. In addition, members can choose any dentist for services without a penalty.

Dental Design also offers a vision plan option for plan participants and their dependents. You can choose in- or out-of-network benefits. Exams, lenses, frames and contacts are covered!

If you don't have dental or vision coverage, talk to your agent today about expanding your benefits package.

You Have a Benefits Guide on Your Side

Your Funding Advantage health benefit plan comes with access to Allied HealthCare Assistant, an umbrella of health care services available to our members and their dependents.

Allied National created this program as an easy way for members to get the guidance they need to navigate the health care system and to find the best health care in the country while saving our members money.

This suite of services includes:

- Free testing supplies for diabetics to help them manage their diabetes.
- Experts who can provide guidance about a mental or behavioral health situation.
- Assistance helping members understand their diagnosis.
- Assistance in finding specialists.
- A phone or video consultation with a board-certified doctor.
- Second opinions before surgery for everything from back pain to cardiac issues.
- Assistance in finding access to high-quality imaging at no cost to members.



Members can call 844-287-6078 or visit alliednational.com/assistant when they want to get in touch with an Allied HealthCare Assistant. The assistant will determine which support services best meet their needs and will work with them throughout their health care journey.

Filing Deadline for 5500 & PCORI Forms Due Soon

Allied National recently mailed you the 5500 Filing Information Worksheet to help you with your annual federal 5500 filings and payment of the Patient-Centered Outcomes Research Institute (PCORI) fee established under the Affordable Care Act.

Form 5500 must be filed electronically with the Internal Revenue Service (IRS) by the last day of the seventh month following the end of the plan year, unless an extension has been granted.



The deadline is July 31, 2021, for calendar-year plans.

Under the rules and requirements of the Employee Retirement Income Security Act (ERISA), a self-funded employee benefit plan is required to make an "Annual Report" to the Department of Labor using the 5500 Report. Small employers under 100 lives have a general exemption from making this filing if their plan is fully insured or unfunded. However, small employers lose this exemption if they are considered self-funded because they are withholding employee funds and these contributions are held by a third party (other than an insurance company), such as a Third-Party Administrator in an account to pay claims benefits. Funding Advantage plans generally fall into this category of a "funded" plan.

Although Allied sends out the data and the information necessary to file the 5500 report, you are required to do this filing yourself. Small employers generally can file the 5500-SF (short form) version. This filing information also is available on the Allied Self-Service Site.

PCORI fees have been extended through 2029. For plan years that end on or after Oct. 1, 2020, the applicable fee is \$2.66 per covered life. For plan years that end on or after Jan. 1, 2020, through Sept. 30, 2020, the fee is \$2.54 per covered life.

To assist employers with these filings, we have a page on our website. Please refer to this page for detailed instructions on how to complete a 5500-SF filing or to learn more about PCORI.

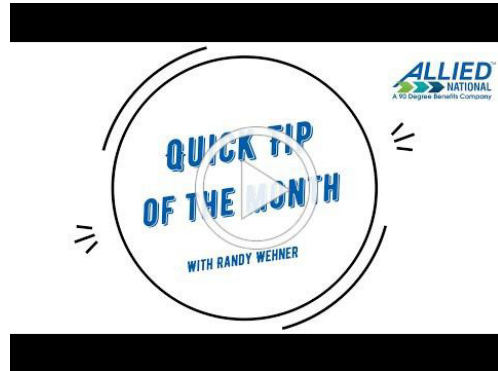
5500 & PCORI Info

New Video Series: Quick Health Plan Tips

When it comes to your Allied National Funding Advantage health plan, we want to make sure you and your employees are saving money and receiving the best quality of care possible.

Take a minute to watch our new video series *Quick Tip of the Month with Randy Wehner* to learn more about our Allied HealthCare Assistant Program and HealthChoices benefit and why these should be part of your benefits plan if they aren't already.

Be sure to stick around until the end... you won't regret it. [Watch now!](#)



Check Out Our Latest Blogs



We publish a new article regularly on *The Allied Blog*. Many of these topics address issues faced by small business employers. If you like these blogs, bookmark www.alliednational.com/blog and come back each Wednesday for new content!



The Value of Adding Dental
and Vision to Your Plan

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