



Our Life Changing Weight Loss Program

Weight loss is everywhere in the headlines these days, often driven by the promise of the latest “miracle” solution. But time and again, the most **sustainable success stories** still come back to the fundamentals: **lifestyle changes, education and accountability**.

That’s exactly what happened to one of our members who participated in our **weight loss program** — included in their plan at no out-of-pocket cost to them — through our vendor partner, **GemCore**. The results speak volumes:

- **120 pounds lost**
- **A1C reduced from 12 to 5**

But the real impact goes far beyond the numbers. In their own words:

“The real victory is the knowledge, encouragement, and accountability you’ve provided. I’ve built habits I’ll carry with me for life, and I genuinely can’t thank you enough for that. You’ve made a real difference, my friend.”

This is the power of education-first wellness — helping people build habits that last a lifetime, not just chase short-term wins.

Discover Enhanced Benefits

13580s0626

Allied National | 4551 W 107th St Suite 100 | Overland Park, KS 66207 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)