



# 4 Things to do Now!

Your Allied National  
**health plan  
ID cards**  
are here!

**Cost Saver**

## Client Services

800-825-7531  
8 a.m.-4:30 p.m., M-F (CST)  
[www.alliednational.com](http://www.alliednational.com)





# Make your benefits **WORK** for you! **4** Things to do now!



**Find a  
Provider!**

## 1. Find a provider

[www.alliednational.com/find-a-provider](http://www.alliednational.com/find-a-provider)

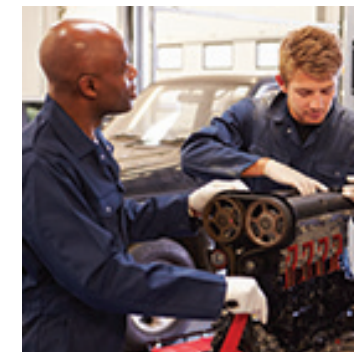
Allied has an online list of providers who are in network and will give you a discount. Check your card to see which network you are in and click on the corresponding link to find out your provider choices.



**Pharmacy  
Help!**

## 2. Read the pharmacy information

You have generic drug coverage. A generic drug is a copy of a brand-name drug that has the same dosage, use, effects, safety and strength - but costs much less than a brand name. Your Tier 1 generic drugs are listed in the Rx formulary at: [www.alliednational.com/prescription-benefits](http://www.alliednational.com/prescription-benefits).



**Get Help!**

## 3. Cura

You can see a doctor from your phone or laptop 24/7. Your plan has the Cura TeleHealth & Wellness benefit. Telehealth is an efficient way to manage most acute and chronic conditions without having to go to a doctor's office. The cost is covered by your health plan or, if you have an HSA, it's a low-cost alternative to an office visit. Call 620-740-2872 to register.



**Carry Your  
ID Card!**

## 4. Put your ID card in your billfold

Present your member ID card to your health care provider. If you or your provider have questions, call our Client Services Representatives at the number on your card and they will be happy to answer your questions.