



# What you need to know!



**Vault**  
HEALTH PLAN  
Administered by Allied National

Allied has been in the health benefits business since 1970 and is the administrator for your employer's benefit plan. We are not an insurance company. We work for you and your employer.

If you have a problem, question or concern, we have trained specialists (in the USA) to talk to you! Call Allied Client Services at 800-825-7531. You also have 24-hour access to information online, including your plan documents. **Visit the Self-Service Site on our website at [www.alliednational.com](http://www.alliednational.com).**

#### Client Services

800-825-7531

8 a.m.-4:30 p.m., M-F (CST)

[www.alliednational.com](http://www.alliednational.com)

**Vault**  
HEALTH PLAN  
Administered by Allied National

Your Vault  
health plan  
**ID cards**  
are here!



Make your benefits

**WORK**  
for you!

What you need to know!



#### Find providers

[www.alliednational.com/find-a-provider](http://www.alliednational.com/find-a-provider)

Review the flyers enclosed for details about your plan. If you have a PPO plan, visit the website listed above for a list of providers who are in-network and will give you a discount. If your plan is not a PPO, you may see any health care provider without a penalty.



#### Access your telehealth benefit

You can see a doctor from your tablet, phone or laptop 24/7. Your plan has the CURA TeleHealth & Wellness benefit. Telehealth is an efficient way to manage most acute and chronic conditions without having to go to a doctor's office. The cost is covered by your health plan or, if you have an HSA, it's a low-cost alternative to an office visit.

Call 620-740-2872 to register.



#### Read the pharmacy information

If your plan has prescription drug coverage, additional information is enclosed. Read it to determine where the closest pharmacy is and which prescriptions are covered.

Also take the time to learn about your formulary located on your member page at [www.alliednational.com](http://www.alliednational.com) and how to get the best value for your Rx needs.



**Allied HealthCare Assistant**

**844-287-6078**

You need a champion on your side! Learn how HealthCare Assistant can help you through a serious medical situation or crisis. Read the enclosed flyer.



Find the right doctor who specializes in your condition.



Manage any specialty drug you are taking.



Manage diabetes for a healthy life.